



Ileostomy & Internal Pouch
Association

Registered Charity

IA NORTH LONDON NEWSLETTER

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Hope Everyone is Well

I hope everyone is hanging in there. What a year 2020 is turning out to be !!!! There is a light at the end of this long COVID 19 tunnel, with the easing of lockdown restrictions. We must continue to keep positive, patient and SAFE.

Welcome to our New Members

I'd like to welcome our new members who have recently joined us. Usually I arrange a social get together, but due to our current situation, all future events are on hold. When we are allowed to socialise, safely, we look forward to seeing you over a cup of tea or a G&T !

IA Face Masks

I have added the link to our North London Facebook page, but I thought I'd let you know that we, as members, are entitled to have a free IA facemask. Here is the webpage link for you to order yours. <https://iasupport.org/facemask/> I have got mine and I must say it is very comfortable. 🙌

Membership

As some of you know, a good few years ago, it was decided that our members aged over 70, did not have to pay their membership and North London IA would use any funds to pay their membership. As we have now merged with National Office please note that this over 70s non payment **no longer applies**. So please send your new standing order form to National Office

Important Notice

Please note, if you receive any accessories or samples in the IA Journal or from elsewhere, which you would like to try, please contact your local stoma Care Nurse first to check that the product is suitable for you.

Stoma Care Contacts

Barnet Hospital	020 8216 5452
Enfield Clinic (Appointment only)	07557 153764
Finchley Memorial	020 8349 7529
Lister Hospital	01438 284133
UCLH & Middlesex	020 7830 9182
North Middlesex Hospital	020 8887 2978 or 020 887 2000 and ask for bleep 175/267
Royal Free	020 7830 2693
St Mark's Hospital	020 8235 4110
Watford General Hospital	01923 217489
Whittington	020 7288 5134 or 020 7272 3070 bleep 2604
Borough of Camden	07901 118827

Keep well and KEEP SAFE

***Keep Smiling
Julia***
